

What will my child's doctor ask me at the doctor's visit?

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Be prepared to help your doctor better treat your child by knowing the answers to these questions:

In the past week or two, what **breathing problems** did your child have, when and **how often**?

- Was the breathing trouble **during the night or during the day**?
- **How bad was the breathing trouble** (gasping for breath, not able to catch his/her breath, couldn't talk)?
- Has your child ever had **breathing problems or asthma before**; When?
- Do asthma or allergy problems **run in the family**?
- Does your child have **allergies**?
- What happens when your child has **colds or respiratory infections**?
- What have you observed as **possible triggers for the breathing problems**?
- Does your child have **breathing problems when he or she plays** or is being active?
- Does your child **already take asthma medication**? If so, which ones?

If you have asthma or are taking medications for breathing problems, bring your own medications to show the doctor

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