

## Asthma Symptom Log

By publisher

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*Put a copy of the asthma symptom log on the refrigerator or kitchen cabinet door, where you will see it every day. Remember, little coughs or "bits" of wheezing are just as important to note as the big coughing fits.*

Please download the worksheet (in PDF form) below.

Attachment

Size

[Asthma Symptom Log Worksheet \(PDF\)](#)

33.81 KB

[‹ What should I do to prepare for the doctor's visit?](#)

[up](#)

[What will my child's](#)

[doctor ask me at the doctor's visit? ›](#)

**Source URL:** <http://www.asthmabasics.org/handbook/be-prepared-make-a-plan/asthma-symptom-log>