

I think my child has asthma. Now, what should I do?

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Keeping Track of your Child's Asthma Symptoms

- **Don't wait** for the next asthma attack when you might have to take your child to the emergency room.
- **Call your doctor and make an appointment** to have your child examined. Tell your doctor in advance that your child has been having trouble breathing and it might be asthma.
- **Even if your child is not having breathing problems at the time of the visit, go anyway.** Asthma can be diagnosed whether or not your child is having an attack at that moment.
- Be ready to tell your child's doctor how often and how bad your child has asthma symptoms. You can do this by keeping track of your child's asthma symptoms for two weeks prior to your visit to your child's doctor.



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