

Can you grow out of asthma? Will asthma go away as you get older?

By *publisher*

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No, you cannot grow out of asthma. **Even when your child does not have asthma symptoms, your child still has asthma.** Asthma will not go away as you get older. Even if you don't have any asthma symptoms for 5, 10, or even 20 years, you can still have an asthma attack at any time.



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