

Summary of Stay Connected

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- It takes a village to control asthma and parents and caregivers must connect to the community.
- Talk to your child's daycare center or school about your child's asthma. Be sure to give teachers and nurse your child's Asthma Action Plan.
- If your child attends a school or day care program, then fill out the school's medical form for approval to give medicines (for NYC, the MAF is on page 52) so that your child can take his or her medicine in school and the nurse can give your child more medicine if your child's asthma gets worse.
- It helps to talk to other parents of children with asthma. Talk with your child's day care provider about starting an asthma support group for parents or talk to other parents at Allergy and Asthma at (212) 685-4225.
- Buildings that are not well maintained often have many of the worst asthma triggers. If your building has any of these triggers (cockroaches, mice, mold, etc) contact organizations and city organizations that can help you fix these problems. Go to the next page for a full list of agencies.



People

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