

## What happens when a person has an Asthma Attack?

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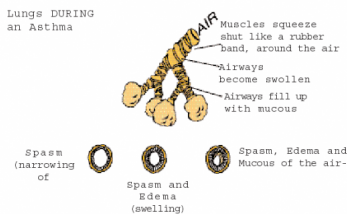
### Normal Breathing:

We need oxygen to live, without it we cannot live. We get the oxygen we need from the air surrounding us. When we breathe in air flows into our nose and mouth and then into our lungs in our chest.

### “How does the air we breathe get from our mouth and nose to our lungs#8221;

Tubes in the body called airways carry air from our nose and mouth to our lungs.

Think of your airways as a subway tunnel, the first stop is your mouth and nose and the last stop is your lungs in your chest.



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<http://www.asthmabasics.org/handbook/be-aware-what-is-asthma/what-happens-when-a-person-has-an-asthma-attack>