

## Is your child coughing or wheezing after a bath or shower?

By publisher

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**There may be mold in the bathroom cabinets that have leaky pipes, in the shower stall, or on the walls or ceiling. Also look out for cockroaches or waterbugs.**

### In the Bathroom

- Keep windows open and vent on when showering to prevent mold. Air out room after showering.
- Clean tubs, sinks and places where mold and mildew collect.
- Use an eco-friendly cleaner or diluted (watered down) bleach to prevent mold and mildew.
- If kitty litter is kept in the bathroom, then clean daily.
- Install cockroach gel baits under the sink.



**Roach**

[◀ Is your child coughing a lot in his or her bedroom?](#)      [up](#)      [Is your child coughing in the Kitchen? ▶](#)

### Source URL:

<http://www.asthmabasics.org/handbook/reduce-asthma-triggers/is-your-child-coughing-or-wheezing-after-a-bath-or-shower>